

Flexible health insurance plans that work around you and your family

Your Plans and Benefits

1 July 2012





What You're Covered For (See important notes on back page).

	Benefits		International Plan
	Area of cover		Area 2 Worldwide excluding USA & Canada
	Overall annual maximum benefit	We will pay up to the maximum shown each year for each member.	€850,000
	In-patient and daycare treatme		
2	Hospital charges (see note 1).	 a) Accommodation charges inclusive of routine nursing and special nursing when approved; drugs and dressings used for in-patient or daycare treatment for non-surgical and non-oncology related admissions. b) Operating theatre fees (including eligible appliances), recovery room fees, surgical drugs and dressings used for in-patient or daycare treatment. Limits are for each operation unless otherwise stated. Category and level of complexity of operations is determined by our schedule of procedures as Minor, Intermediate (Inter), Major, Extra-Major and Complex. Surgeons' and Anaesthetists' charges for each operation unless otherwise stated. 	
		This includes pre and post-operative consultations while an in-patient or daycare patient. Related out-patient consultations are payable under benefit 15. <i>Category and level of complexity of operations</i> <i>is determined by our schedule of procedures as</i> <i>Minor, Intermediate (Inter), Major, Extra-Major</i> <i>and Complex.</i>	Full settlement of fair and reasonable charges.
3	Physicians' charges	Physicians' charges for in-patient and daycare treatment . This includes intensive care.	
4	Specialist consultations, diagnostic procedures (except CT and MRI Scanning) and physiotherapy	Out-patient consultations, diagnostic procedures and physiotherapy are payable under benefit 15 and/or 17 even if they are related to in-patient or daycare treatment either before admission or after discharge.	

benefits table applicable to your plan. Your latest membership statement will show which plan is which are relevant to you. The Value Option for each plan excludes certain benefits including most the excluded benefits are shown against a yellow background.

the excluded benefits are shown against a yenow i	
Private Hospital Plan	Private Clinic Plan
Area 2 Worldwide excluding USA & Canada	Area 1 Worldwide
€600,000	€120,000
Full settlement of fair and reasonable charges when you have treatment in supporting hospitals in Malta. Elsewhere benefit will be limited to: In-patient: €175 per night. Daycare: €120 per day.	In-patient: maximum five (5) nights per treatment up to €175 per night. Daycare: up to €120 per day
Full settlement of fair and reasonable charges when you have treatment in supporting hospitals in Malta. Elsewhere the following limits will apply per classification of operation: Minor: €190 Inter: €285 Major: €500 Extra Major: €600 Complex: €1100	The following limits will apply per classification of operation: Minor: €130 Inter: €250 Major: €375 Eligible prosthesis: €450
Full settlement of fair and reasonable charges when you have treatment in supporting hospitals in Malta . Elsewhere the following limits will apply per classification of operation: Minor (local): Surgeon: €120. Anaes't: €60 Minor (general): Surgeon: €200. Anaes't: €120 Intermediate: Surgeon: €400. Anaes't: €250 Major: Surgeon: €775. Anaes't: €300 Extra Major: Surgeon: €850. Anaes't: €400 Complex: Surgeon: €1200. Anaes't: €400	The following limits will apply per classification of operation: Minor (local): Surgeon: €120 Minor (general): Surgeon: €200. Anaes't: €120 Intermediate: Surgeon: €400. Anaes't: €250 Major: Surgeon: €700. Anaes't: €300
Full settlement of fair and reasonable charges when you have treatment in supporting hospitals in Malta. Elsewhere up to €65 per day.	Up to €65 per day for a maximum 6 days per treatment.
Full settlement of fair and reasonable charges when you have treatment in supporting hospitals in Malta . Elsewhere up to €400 per year .	Up to €250 per year .

What You're Covered For (continued)

	Benefits		International Plan
5	Additional accommodation	 a) Charges for one adult relative staying in the same hospital as a child member who is under 16 years of age. This is paid from the child's benefit. b) Benefit is also payable for charges for a child being breast fed to stay in the same hospital with his or her nursing mother who is herself a member. This is payable from the mother's benefit. 	Full settlement of fair and reasonable charges.
		These benefits are only available if treatment is eligible for payment	
6	Cash benefit	Cash benefit for each night the member receives free treatment . We will pay this benefit only if the treatment the member receives would have been eligible for benefit privately under this policy .	€50 per night. We will pay for up to 60 nights a year .
7	Psychiatric Illness	Charges for in-patient or daycare treatment of psychiatric illness given by a psychiatrist. Benefit is payable for treatment given by a psychotherapist or psychologist when under the control of a psychiatrist. <i>This benefit is not eligible for cash benefit</i>	Full settlement of fair and reasonable charges up to a maximum of 28 days in a five-year period. Benefit will be payable ONLY if we give prior approval to treatment .
	Other treatment	(Benefit 6).	
8	Oncology	Radiotherapy, chemotherapy and oncology related tests (including MRI and CT scanning), drugs and specialist fees for treatment received as an in-patient, out-patient or daycare patient during a course of oncology treatment .	Full settlement of fair and reasonable charges.
9	CT and MRI Scanning for non- oncology related treatment	 Computerised tomography including magnetic resonance imaging (brain and body scanning) received a) as an in-patient or daycare patient only when referred by a specialist. b) as an out-patient only when referred by a specialist. 	Full settlement of fair and reasonable charges.
10	Ambulance Transport (when medically essential)	This is to pay for a road ambulance for emergency transportation to or between hospitals or when the medical practitioner says it is medically essential.	Full settlement of fair and reasonable charges
11	Outside area of cover (when area limited to area 2 or area 3)	This is to cover emergency treatment , or treatment of a medical condition which arises suddenly whilst outside the member's area of cover .	Up to €75,000 each year

Private Hospital Plan	Private Clinic Plan
Full settlement of fair and reasonable char you have treatment in supporting hosp Malta . Elsewhere up to €40 per nig	itals in
€50 per night. We will pay for up to 40 nights a yea	€30 per night. I r . We will pay for up to 40 nights a year .
Full settlement of fair and reasonable char a maximum of 28 days in a five-year period. only payable when you have treatment in Benefit will be payable ONLY if we give prior to treatment .	Benefit is Malta. Up to €175 per night for a maximum of 5 nights.
Full settlement of fair and reasonable charge you have treatment in supporting hospi Malta. Elsewhere limited, per course, to € specialist's fees and €500, per course, for ra- chemotherapy and oncology related tests ar By course we mean a course of a maximum cycles of chemotherapy or six weeks of radio Up to a maximum of two courses per ye	itals in500 fordiotherapy,diotherapy,nd drugs.m of sixotherapy.
Full settlement of fair and reasonable char you have treatment in supporting hospitals Elsewhere benefit will be taken from t in-patient specialist consultation limits sho benefit number 4.	s in Malta. the own in b) Benefit will be taken from out-patient specialist consultation limits shown in benefit number 15.
Full settlement of fair and reasonable char you have treatment in supporting hosp Malta. Elsewhere up to €800 each y	ges when Up to €800 per year pitals in
No benefit	Not required for Area 1 cover.

What You're Covered For (continued)

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	Benefits		International Plan
12	International Emergency Medical Assistance	(See separate leaflet for terms and benefits).	Full settlement of fair and reasonable charges.
	Out-Patient Treatment		
	Out-patient surgical procedures	Surgical procedure received as an out-patient	Benefit is payable out of benefits 1 (b) & 2 above.
14	GP Charges and drugs & dressings	a) General Practitioner charges for consultations.b) Prescription drugs and dressings.	a & b) Up to €300 each year
		 c) General Practitioner charges for minor surgery approved by us 	c) Up to €100 each year
	Specialist consultations, GP secondary treatment and diagnostic procedures (other than MRI and CT scanning) and physiotherapy Alternative treatment	Specialists' charges for consultations and treatment, GP secondary treatment, diagnostic procedures (even if they are related to in-patient or daycare treatment) and physiotherapy treatment. Please note that all physiotherapy must follow referral by a GP or Specialist. When it is GP referred physiotherapy it is limited to 8 visits in a 5 week period Out-patient chiropractic treatment, acupuncture, homeopathy and osteopathy given by a qualified practitioner who is registered to practice as a chiropractor, acupuncturist, homeopath or osteopath where the treatment is given. Please note that all alternative treatment must follow referral by a GP or Specialist. When it is GP referred alternative treatment it	Full settlement of fair and reasonable charges.
17	Psychiatry	is limited to 8 visits in a five week period Out-patient treatment of psychiatric illness. Benefit is payable for treatment given by a psychiatrist or by a psychotherapist or psychologist when under the control of a psychiatrist. Benefit will only be payable when we give prior approval.	Up to €750 each year
18	Accidental damage to natural teeth	Initial treatment given by a medical practitioner required immediately following accidental damage to natural teeth.	Up to €500 each year
19	Nursing-at-home	Nursing at home when arranged by a specialist (with our prior approval) out of medical necessity for a member who needs a registered nurse following treatment .	Full settlement of fair and reasonable charges up to 14 days for each medical condition each year . Additionally benefits are limited to €400 per week for a maximum 26 weeks immediately following a 14 day period as stated above.

Private Hospital Plan	Private Clinic Plan
No benefit	No benefit
Benefit is payable out of benefits 1 (b) & 2 above.	Benefit is payable out of benefits 1 (b) & 2 above.
a & b) Up to €150 each year Drugs and dressings must be prescribed by a specialist and follow in-patient or daycare treatment .	a) Up to €80 each year b) No benefit
c) Up to €100 each year	c) Up to €100 each year
Full settlement of fair and reasonable charges in Malta .	Up to €200 each year but an additional €300 during a period of 30 days prior to commencement of in-patient or daycare treatment and 30 days after the end of such treatment
Elsewhere up to €300 each year .	Benefit is payable out of €200 limit for benefit 15 above.
Up to €600 each year . Treatment must be given in Malta or the United Kingdom only.	Up to €180 each year
Up to €500 each year .	No benefit
Up to €1650 each year .	Up to €1200 each year .
After the first 7 days treatment for each medical condition benefit is limited to €50 per day subject to the overall maximum above.	After the first 7 days treatment for each medical condition benefit is limited to €50 per day subject to the overall maximum above.

What You're Covered For (continued)

	Benefits		International Plan
	Additional Benefits		
20	Routine maternity	Cash benefit for normal pregnancy and childbirth including in-patient or out-patient antenatal and post natal consultations and delivery. This benefit is payable following childbirth and on presentation of a birth certificate within 60 days from the date of birth. Any payments which have been paid or are payable for any complications of pregnancy or confinement will be deducted from this benefit and if payment for complications of pregnancy or confinement equals or exceeds this benefit, then this benefit will not be paid. Benefit is only payable if member has been insured by us under this policy for a continuous period of 10 months prior to the date of delivery.	Up to €250 per confinement
21	Health at Hand – +44 (0) 1737 815607 phone access to international health information service	Available for International and Private Hospit 24 hours a day 365 days a year health info and counsellors. Health at Hand is split into Family Clinic – babies, toddlers, te Care and Counselling Clinic – stree Pills and Prescriptions Clinic – med Travel Clinic – inoculations, taking cl Healthy Living Clinic – exercise, di Men's Health Clinic – prostate issu Women's Health Clinic – fertility, sc Health at Hand does not take the place of leaflets on a wide range of medical issues,	rmation service which is o the following clinics: enage trouble, pregnancy ss, addiction, depression dicines, side effects and hildren abroad and medical et, drinking, smoking and ues, testicular cancer, reenings, menopause and your medical practitioner,
22	Airfares	A return airfare for a member receiving in-patient treatment in the United Kingdom involving a minimum stay in hospital of 8 nights providing a UK hospital we recommend is the hospital used.	Up to €400
23	Hotel accommodation	We will pay the cost of hotel accommodation for the member receiving cancer treatment in the United Kingdom for the duration of each course received as an out-patient. Benefit will only be payable when it is medically necessary for the member to remain in the UK for treatment and it would not be reasonable to expect the member to return to Malta between visits for treatment . By course we mean a course of a maximum of six cycles of chemotherapy or six weeks of radiotherapy.	Up to €125 per night
24	MMDNA nursing cover:	Available to all plans. Provided exclusively Midwifery: ante-natal and post-natal visits b Nursing care: visits by a qualified nurse as p injections, enemas, dressing of wounds, cat sterile dressing packs and swabs, elastic ne MMDNA nursing benefits are governed by the R	y a state-certified midwife. rescribed by the member's theterisation and the care et bandages and syringes

Private Hospital Plan	Private Clinic Plan
Up to €250 per confinement	No benefit
pay for the call charge to access the entirely confidential staffed by UK registered nurses, midwives, pharmacists or retirement. or bereavement. pain relief. advice by country. cholesterol control. impotence and fertility. osteoporosis. nor does it diagnose or prescribe. Free fact sheets and can be sent on request.	No benefit
No benefit	No benefit
No benefit	No benefit

the following nursing care:

GP to give **treatment** including blanket baths, prevention and **treatment** of bed sores, toe-nail cutting, and **treatment** of diabetes. Services are provided free by MMDNA and will, whenever needed, include free other than to administer insulin. *of MMDNA*.

Optional Cover

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The following Optional Cover is only applicable if stated as such in your latest membership statement.

What You're Covered For

	Benefits		International Plan
1)	Routine maternity group cover This option is only available for company paid groups with ten or more subscribers	 a) Normal pregnancy and childbirth including in-patient or out-patient antenatal and postnatal consultations and delivery. 	a) Paid in full up to a maximum of €1000 per confinement.
		b) Where normal pregnancy and childbirth take place in a state hospital and no charges related to a) above, including tests, drugs or any other eligible benefit are incurred, the following benefit will be	b) Up to €125 per confinement
		payable. Benefit is not payable for a confinement or expenditure incurred within 10 months of a member first being registered for this optional benefit.	
		Please note that routine maternity does not include a specific obstetric procedure or complications of pregnancy by a medical condition .	
2)	Preventive care	a) Annual dental examination/routine eyesight testing by an optometrist	a) Up to €40
		 b) Skin cancer screening c) Alternative or complementary treatment on referral by your GP. That is 	b) Up to €40 c) Up to €125
		chiropractic, acupuncture, homeopathic or osteopathic treatment given by a qualified practitioner who is registered to practice as a chiropractor, acupuncturist, homeopath or osteopath where the treatment is given. This benefit is payable in addition to any similar benefit in your	
		 benefits table as applicable to your plan d) Prosthetic appliances not forming an integral part of a surgical procedure Please note that benefits (c) alternative or complementary treatment on referral of your GP and (d) provision of prosthetic appliances, are governed by all the benefits, exclusions and conditions of your agreement including clause 2.1 	d) 75% of the cost incurred up to a maximum of €250
3)	Preventive Care Plus (all the above Preventive Care benefits (a), (b), (c) and (d) PLUS benefits (e), (f), (g) and (h)	e) Routine Cervical Cancer Screening; Routine mammography/breast ultrasound examination for a woman aged 45 years or over, annual prostate examination and PSA test for men aged 45 years or over	e) Up to €110
		 f) Liver Function Tests, Lipid Profile, Complete Blood Count, Glucose Tolerance Test and Urine Analysis for members aged 40 years or over 	f) Up to €110
		 g) Bone densitometry for members aged 45 years or over h) Stress ECG for members aged 45 years or over Benefit (g) and (h) are not payable when incurred within the first twelve months of 	g) Up to €110 every two years h) Up to €145 every two years
		being registered for this optional benefit.	

Private Hospital Plan	Private Clinic Plan
a) Paid in full up to a maximum of €1000 per confinement.	a) Paid in full up to a maximum of €1000 per confinement.
b) Up to €125 per confinement	b) Up to €125 per confinement
a) Up to €40	a) Up to €40
b) Up to €40 c) Up to €125	b) Up to €40 c) Up to €125
d) 75% of the cost incurred up to a maximum of €250	d) 75% of the cost incurred up to a maximum of €250
e) Up to €110	e) Up to €110
f) Up to €110	f) Up to €110
g) Up to €110 every two years	g) Up to €110 every two years
h) Up to €145 every two years	h) Up to €145 every two years

NOTES:

- 1 In Malta and the UK, hospitals used must be approved by us.
- 2 These tables should be read in conjunction with your latest membership statement and agreement which, together with these tables, comprise your contract of insurance with us.
- 3 Benefits apply to each member each policy year unless otherwise stated.
- 4 All in-patient and daycare treatment must be pre-authorised by us.

Health at Hand - +44 (0) 1737 815607

Atlas Healthcare Insurance Agency Limited Tel 21 322600 Fax 23 265601 health@atlas.com.mt www.atlas.com.mt





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Abate Rigord Street Ta' Xbiex XBX 1121 Tel 21 322600 Fax 23 255601 48-50 Ta' Xbiex Sea Front Ta' Xbiex XBX 1021 Tel 23 435363 Fax 21 344464 **Email** health@atlas.com.mt **Website** www.atlas.com.mt Atlas Healthcare Insurance Agency Limited is authorised by the Malta Financial Services Authority to act as agents for AXA PPP healthcare limited.